



Scope of Services Statement

Last updated: 01/05/2026

At Time & Space Psychology, we are a neuro-affirming, trauma-informed practice offering psychological therapy, assessment, and collaborative support across the lifespan. We aim to be transparent about what we can support with — and where we may not be the best fit — so you can make an informed decision about working with us.

We operate in compliance with the NDIS Practice Standards and NDIS Code of Conduct for NDIS-funded supports.

1. Services We Provide

- **Therapy for children, adolescents, and adults**, including support for emotional wellbeing, self-understanding, identity, social connection, sensory needs, burnout, parenting, trauma, and emotional regulation
 - **Parent and carer support**, including Circle of Security-informed approaches, behavioural guidance, and family support tailored to neurodivergence and developmental needs
 - **Diagnostic assessments for Autism and ADHD** across the lifespan, using evidence-based tools and affirming approaches
 - **Cognitive and learning assessments**, including academic skills, intellectual functioning, and school-based support planning
 - **Collaboration with schools and professionals**, including written reports, teacher feedback, and team-based support where appropriate
 - **Telehealth-first services**, with in-person options as follows:
 - Marini offers in-person sessions on Tuesdays at her clinic in Scoresby, Naarm/Melbourne
 - Lucinda offers in-person components (e.g. assessments, school visits, home visits, or attending treating team clinics) at external locations in Meanjin/Brisbane and Naarm/Melbourne, on a case-by-case basis
 - **Support for children in separated families**, with a therapeutic focus on the child and family system. We do not provide court-related services.
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2. Services Outside Our Scope

We do not provide:

- Crisis or emergency services, including support for acute suicidality or distress requiring immediate or intensive intervention
- Court or family law reports, parenting capacity evaluations, custody assessments, medico-legal letters, or involvement in custody disputes
- Reports for WorkCover, forensic, or Centrelink-related purposes
- Medication management or psychiatric prescriptions



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- Ongoing therapy for complex mental health needs requiring specialist or multidisciplinary care
 - Support for significant eating disorder risk, unless part of a multidisciplinary team
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3. If We Are Not the Right Fit

If your needs fall outside our scope, we will do our best to offer alternative options, recommend more suitable services, and provide referrals where appropriate. We believe that accessing the right support is more important than continuing with a service that is not meeting your needs.

4. Important Note About Safety and Crisis Support

Time & Space Psychology is a small, primarily Telehealth-based practice. We are not equipped to provide high-intensity or crisis services. If you (or your child) are currently experiencing active suicidal crisis, escalating self-harm, current domestic violence or unsafe living environments, complex substance use needs, frequent psychiatric hospitalisations, or situations requiring 24/7 support, we may not be the right service at this time.

If you are in crisis, please call 000 or reach out to Lifeline (13 11 14) or Kids Helpline (1800 55 1800).

Visit our [Crisis Support Page](#) for more options. We are not able to contact emergency services on your behalf.